

New Jersey State Interscholastic Association (NJSIAA)
Steroid Testing Policy

- Random testing will take place during state tournament play – the decision on who will be tested will be determined ahead of time (winning or losing team members can be tested).
- The analysis will be conducted by a World Anti Doping Association (WADA) Lab – specialists trained in testing for banned substances.
- The testing will occur immediately after the game, in a locker room or bathroom facility – 2 urine samples will be taken, sealed, and sent to a medical review officer (conducted by licensed testing companies).
- Positive Test – the medical review officer will notify the family – (1) family explains substance is taken for medical reason and note from a licensed physician was included in sports physical paperwork and on file in the health office at the high school (situation resolved) – (2) family can request that second sample is tested – if positive – athlete is suspended for 365 days from the date of the positive test. The Athletic Director, school, and NJSIAA are then notified. The family can appeal and request a hearing with the NJSIAA – can go to higher courts, Commissioner of Education, etc.
- No penalty to team or championship title.
- A senior in spring sports serves no suspension however Division I athletes have an obligation to disclose this information to the NCAA.
- Caffeine – if the concentration in urine exceeds 15 micrograms/ml (equivalent to 15 cups of coffee).
- Please have your physician review the “Banned Substances List” if your child has been prescribed any medications that may fall into any of the categories.