

Plainfield High School
Career & Technical Education Department
Pacing Guide

~ September 2013 ~

Week 1:

1. Describe the early origins of hairstyling and barbering.
 2. Prioritize some of the pioneers of modern cosmetology and their role in its development.
- Various assigned practical hands-on tasks

Week 2:

3. Describe the advancements made in Cosmetology during the 19th and 20th centuries.
 4. Classify the career opportunities available to a licensed cosmetologist.
- Various assigned practical hands-on tasks

Week 3:

1. Prioritize the principles that contribute to personal and professional success.
 2. Explain The concept of self-management.
 3. Create a personal mission statement.
- Various assigned practical hands-on tasks

Week 4:

4. Explain how to set long-and short-term goals.
 5. Discuss the most effective ways to manage time.
 6. Describe good study habits.
 7. Define Ethics.
 8. Build the characteristics of healthy, positive attitude.
- Various assigned practical hands-on tasks

~ September 2013 ~

Notes:

Terminologies

NJCCS: 9.1.12.A-1.2.3.4.5. 9.1.12B. 1.2.3.4.5.

9.2.12. A.1.2.3.4.5. 9.2.12 B 1.2.3

9.2.12C 1.2. 9.2.12D 1.2.3.4.5.

9.1.12.E 1.2.3.4.5.6.7.8. 9.2.12F 1.2.3.4.5.6

CCSS: 3.11-12.RI.A.12.03, 3.11-12.W.A.12.01.D

Quiz/test

Vocabulary, multiple choice questions, open-ended questions.

Portfolios: (incorporate IRA's planning day, organizing, hand-out, prioritizing, writing journals.)

Note Books: Note Taking

Project completion: include hands-on practical skills, techniques, procedures.

EXIT TICKETS

Homework assignments.

**Plainfield High School
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October 2013 ~

October 2013 ~

Week 1:

1. Explain the importance of learning the various wet hairstyling techniques.
2. Demonstrate the techniques of finger waving, pin curls, roller setting, and hair wrapping.
3. Demonstrate two basic techniques of styling long hair.
Various assigned hands-on tasks

Week 2:

4. Demonstrate mastery of various blow-dry styling techniques.
5. Demonstrate the proper use of thermal irons.
6. Demonstrate various thermal iron manipulations and explain how they are used.
Various assigned hands-on tasks

Week 3:

7. Describe the three types of hair pressing.
8. Demonstrate the procedures involved in soft pressing and hard pressing.
9. Determine the safety precautions that must be observed in thermal styling and hair pressing.
Various assigned hands-on tasks

Week 4:

1. Examine the abilities that make a good nail technician.
2. Identify the five basic nail shapes
Various assigned hands-on tasks

October 2013 ~

Notes:

Terminologies

NJCCS: 9.1.12A 4.5

9.1..12.B 1.2.3.4.5.

9.2.12A1.2.3. 9.2.12B 2.3. 9.2.12C.2 9.2.12 .4.5 9.2.12F 1.2.3.4.5. CCSS: 3.11-12.RI.A.12.03, 3.11-12.W.A.12.01.D

Quiz/test

Vocabulary, multiple choice questions, open-ended questions.

Portfolios: (incorporate IRA's planning day, organizing, hand-out, prioritizing, writing journals.)

Note Books: Note Taking

Project completion: include hands-on practical skills, techniques, procedures.

Homework assignments. EXIT TICKETS

Plainfield High School Career & Technical Education Department Pacing Guide

November 2013 ~

Week 1:

1. Demonstrate the proper use of implements, cosmetics, and materials used in manicuring and pedicuring.
Various assigned practical hands-on tasks

Week 2:

2. Describe and demonstrate the different types of manicures.
Various assigned practical hands-on tasks

November 2013 ~

Week 3:

3. **Demonstrate the massage techniques used when giving a manicure or pedicure.**
Various assigned practical hands-on tasks

Week 4:

4. **Demonstrate the proper procedures and sanitary and safety precautions for a manicure and pedicure.**
Various assigned practical hands-on tasks

November 2013 ~

Notes:

Terminologies

CCSS: 3.11-12.RI.A.12.03, 3.11-12.W.A.12.01.D

NJCCS: 9.1.12A 1. 9.1.12B 2.3.4.5.

9.2.12A 1.2.3.5. 9.2.12B .1.2.3 .9.2.12.C .2

9.2.12D.1.4.5. 9.2.12.F 1.2.3.4.5.

Vocabulary, multiple choice questions, open-ended questions.

Portfolios: (incorporate IRA's planning day, organizing, hand-out, prioritizing, writing journals.)

Note Books: Note Taking

Project completion: include hands-on practical skills, techniques, procedures.

Homework assignments. EXIT TICKETS

Plainfield High School Career & Technical Education Department Pacing Guide

December 2013 ~

December 2013 ~

Week 1:

1. Describe the five main categories of professional skin care products.
Various assigned practical hands-on tasks

Week 2:

2. Explain the different skin types and skin conditions.
Various assigned practical hands-on tasks

Week 3:

3. Identify the various types of massage movements and their physiological effect
Various assigned practical hands-on tasks

Week 4:

December 2013 ~

Notes:

Terminologies

NJCCS: 9.1.12A 1. 9.1.12B 2.3.4.5.

9.2.12A 1.2.3.5. 9.2.12B 1.2.3.9. 9.2.12C 2. 9.2.12D 1.2.3.4.5 CCSS: 3.11-12.RI.A.12.03, 3.11-12.W.A.12.01.D

Quiz/test

Vocabulary, multiple choice questions, open-ended questions.

Portfolios: (incorporate IRA's planning day, organizing, hand-out, prioritizing, writing journals.)

Note Books: Note Taking

Project completion: include hands-on practical skills, techniques, procedures.

Homework assignments. EXIT TICKETS

Plainfield High School Career & Technical Education Department Pacing Guide

January 2014 ~

Week 1:

4. Demonstrate the procedure for a basic facial. Students will perform the same on each other.
Various assigned hands-on tasks

January 2014 ~

Week 2:

5. Describe the different types of electrical currents used in facial treatments and the safety precautions that must be followed when working with them.
Various assigned hands-on tasks

Week 3:

Review For Mid-Term Exams
Various assigned hands-on tasks

Week 4:

Mid-Term Exams
Various assigned hands-on tasks

Notes:

All work covered for a review / mid-term exams both Theory and Practical hands-on.

NJCCS: 9.1.12A 1.

9.1.12B 2.3.4.5

9.2.12A 1.2.3.5

9.2.12B 1.2.3.9.

9.2.12C 2 9.2.12D 1.2.3.4.5. CCSS: 3.11-12.RI.A.12.03, 3.11-12.W.A.12.01.D

Quiz/test

Vocabulary, multiple choice questions, open-ended questions.

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Homework assignments. EXIT TICKETS

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February 2014 ~

Week 1:

1. Define Image.
 2. Explain the concepts of wellness relating to Image.
 3. Classify three basic habits of daily personal hygiene.
 4. Explain the concept of dressing for success.
- Various assigned practical hands-on tasks

Week 2:

5. Describe methods of achieving balance and reducing stress.
 6. Identify basic principles of sound nutrition, sleep, and exercise.
 7. Demonstrate ways to improve posture.
- Various assigned practical hands-on tasks

Week 3:

8. Demonstrate an understanding of ergonomic principles and ergonomically correct postures and movement.
- Various assigned practical hands-on tasks

Week 4:

1. Explain the basic processes of effective communication.
 2. Assess a clients needs based on the "total look" concept.
 3. Conduct a successful client consultation.
 4. Solve a delicate communication with clients.
 5. Build open lines of communication with coworkers and salon managers.
- Various assigned practical hands-on tasks

February 2014 ~

Notes:

Terminologies.

NJCCS: 9.1.12.A 1.3.4.

9.1.12.B 1.2.3.4.5.

9.2.12.A 1.2.3.4.5. 9.2.12.B 1.2.

9.2.12.C 2. 9.2.12.D 1.4.5. 9.2.12.E 1.5.6. 9.2.12.F 1.2.3.4.5.6. CCSS: 3.11-12.RI.A.12.03, 3.11-12.W.A.12.01.D

Quiz/test

Vocabulary, multiple choice questions, open-ended questions.

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Homework assignments. EXIT TICKETS

Plainfield High School Career & Technical Education Department Pacing Guide

March 2014

Week 1:

1. Prioritize the types and classifications of bacteria.
2. Describe how bacteria grow and reproduce.
3. Explain the difference between bacteria and viruses.
4. Describe vegetable and animal parasites that may be seen in the salon.

Various assigned hands-on tasks

March 2014

Week 2:

5. hepatitis and explain how they are transmitted.
6. Explain differences between sterilization, disinfection, and sanitation.
7. Discuss safe handling/use of disinfectant products. Describe how to sanitize and disinfect various salon tools and surfaces.

Various assigned hands-on tasks

Week 3:

8. Explain the purpose and the use of an MSDS.
9. Discuss universal precautions and your responsibilities as a salon professional.

Various assigned hands-on tasks

Week 4:

1. Recognize the five elements of hair design.
2. Recognize the five principles of hair design.

Various assigned hands-on tasks

Notes:

Terminologies

NJCCS: 9.1.12B .2.4. 9.2.12.A 1.2.3.4.5. 9.2.12B. 1.2.3. 9.2.12.F 1.2.3.4.5.6. CCSS: 3.11-12.RI.A.12.03, 3.11-12.W.A.12.01.D

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Homework assignments. EXIT TICKETS

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April 2014

Week 1:

3. Identify different facial shapes.
4. Demonstrate how to design hairstyles to enhance or camouflage facial shapes.
Various assigned practical hands-on tasks

Week 2:

5. Explain design considerations for men.
6. Explain pH and its importance in Explain pH and its importance in shampoo selection.
Various assigned practical hands-on tasks

Week 3:

7. Discuss the uses and benefits of various types of shampoos and conditioners.
6. Perform proper scalp manipulations as part of a shampoo service.
Various assigned practical hands-on tasks

Week 4:

No School

April 2014

Notes:

Terminologies

NJCCS: 9.2.12B 1.2.3 9.2.12.F 1.2.3.4.5.6 CCSS: 3.11-12.RI.A.12.03, 3.11-12.W.A.12.01.D

Quiz/test

Vocabulary, multiple choice questions, open-ended questions.

Portfolios: (incorporate IRA's planning day, organizing, hand-out, prioritizing, writing journals.

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Homework assignments. EXIT TICKETS

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May 2014

Week 1:

1. Demonstrate proper shampoo procedures.
2. Demonstrate proper conditioning procedures.
Various assigned practical hands-on tasks

Week 2:

3. Describe general hair and scalp treatments.
4. Perform a client consultation with respect to braiding.
Various assigned practical hands-on tasks

May 2014

Week 3:

1. Explain how to prepare the hair for braiding.
Various assigned practical hands-on tasks

Week 4:

2. Demonstrate the procedures for the invisible braid, rope braid, and fishtail braid.
Various assigned practical hands-on tasks

Notes:

Terminologies

NJCCS: 9.2.12B 1.2.3. 9.2.12.F 1.2.3.4.5.6. CCSS: 3.11-12.RI.A.12.03, 3.11-12.W.A.12.01.D

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Homework assignments. EXIT TICKETS

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June 2014

June 2014

Week 1:

3. Demonstrate the procedures for single braids, with and without extensions.
4. Demonstrate the procedures for corn-rowing, with or without extensions.

Various assigned practical hands-on tasks

Week 2:

Preparation for final exam will begin two weeks before actual written exam knowledge of work 3,4,5,9,10,13 will be reviewed and practice test will be taken up until the final written exam date. One week before written exams the practical hands-on exam will be given to students, they will have one week to complete all assigned hands-on tasks. Classroom clean-up will begin after practical hands-on exam is completed classroom clean-up is part of classroom management and will be part of their exam grade. (student participation

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Week 4:

June 2014

Notes:

NJCCS: 9.1.12.A 1.2.3.4. 9.1.12B 2.4.5 9.2.12.A 1.2.3.4.

9.2.12.B .2.3 9.2.12.C 1.2.

9.2.12.D 1.3.4.5. 9.2.12F 1.2.3.4.5.6 CCSS: 3.11-12.RI.A.12.03, 3.11-12.W.A.12.01.D

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Homework assignments. EXIT TICKETS