

## NJDOE MODEL CURRICULUM

<b>CONTENT AREA: Health</b>	<b>GRADE: 6-8</b>	<b>UNIT #: III</b>	<b>UNIT NAME: Family Life</b>
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#	STUDENT LEARNING OBJECTIVES	CORRESPONDING NJCCCS
<b>1</b>	Identify how conflicts may be resolved between individuals in relationships. 6	(2.4.6.A.4)
<b>2</b>	Describe the role that dating and dating behaviors (communication, honesty) play in the lives of adolescents. 6	(2.4.6.A.5)
<b>3</b>	Evaluate how affection, love, and commitment relate to healthy relationships and the effect on one's wellness. 7	(2.4.8.A.4, 2.4.8.A.5, 2.4.8.A.6)
<b>4</b>	Demonstrate through role play different scenarios which would portray healthy dating situations and the proper strategies to end unhealthy relationships. 8	(2.4.8.A.5, 2.4.8.A.6)
<b>5</b>	Identify various strategies that will assist adolescents in resisting pressure and remaining abstinent. 6	(2.4.6.B.2)
<b>6</b>	Evaluate the ramifications (HIV/AIDS, STIs, HPV, and Pregnancy) of sexual activity during adolescence and how they relate to choices regarding sexual behavior. 6	(2.4.6.B.2, 2.4.6.B.3, 2.4.6.B.4)
<b>7</b>	Evaluate contraceptive methods and factors that influence their use. 7	(2.4.8.B.3, 2.4.8.B.4)
<b>8</b>	Determine how certain behaviors may place adolescents at a greater risk for HIV/AIDS, STIs and unintended pregnancy. 8	(2.4.8.B.4)
<b>9</b>	Evaluate and demonstrate the impact of effective refusal skills to avoid peer pressure and to make healthy decisions. 8	(2.4.8.B.2)
<b>10</b>	Analyze the influences that hormones, nutrition, environment, and heredity have on the physical, social, and emotional aspects of the adolescent years. 7	(2.4.8.B.1)
<b>11</b>	Demonstrate sensitivity and respect when discussing topics regarding sexual identity, gender roles, and sexual orientation. 8	(2.4.8.B.5)
<b>12</b>	Research and evaluate different professional intervention services available to young adults about relationships, sexual orientation, sexually transmitted diseases and reproductive health. 8	(2.4.8.A.3 , 2.1.8.C.1, 2.4.8.C.1, 2.4.8.C.3)

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<b>13</b>	Identify the challenges faced by adolescent parents and their families. 6	( 2.4.6.C.4)
<b>14</b>	Discuss being a teenage parent and the effect it has on academic, social, and family life. 7	(2.4.8.C.4)
<b>15</b>	Summarize the signs and symptoms of pregnancy and correlate prenatal care to the prevention of complications during pregnancy and childbirth. 7	(2.4.8.C.1, 2.4.8.C.5)
<b>16</b>	Research the different stages during pregnancy, labor, childbirth and the impact that it has on one's physical, social, and emotional state. 8	(2.4.8.C.2)

Code #	NJCCCS
2.4- Human Relationships and Sexuality	
A. Relationships	<p>6 Healthy relationships require a mutual commitment.</p> <p>2.4.6.A.4 Demonstrate successful resolution of a problem(s) among friends and in other relationships.</p> <p>2.4.6.A.5 Compare and contrast the role of dating and dating behaviors in adolescence.</p> <p>8 The values acquired from family, culture, personal experiences, and friends impact all types of relationships</p> <p>2.4.8.A.1 Predict how changes within a family can impact family members.</p> <p>2.4.8.A.2 Explain how the family unit impacts character development.</p> <p>2.4.8.A.3 Explain when the services of professionals are needed to intervene in relationships.</p> <p>2.4.8.A.4 Differentiate between affection, love, commitment, and sexual attraction.</p> <p>2.4.8.A.5 Determine when a relationship is unhealthy and explain effective strategies to end the relationship.</p> <p>2.4.8.A.6 Develop acceptable criteria for safe dating situations, such as dating in groups, setting limits, or only dating someone of the same age.</p>

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B. Sexuality	6 Responsible actions regarding sexual behavior impact the health of oneself and others.
	2.4.6.B.2 Summarize strategies to remain abstinent and resist pressures to become sexually active.
	2.4.6.B.3 Determine behaviors that place one at risk for HIV/AIDS, STIs, HPV, or unintended pregnancy.
	2.4.6.B.4 Predict the possible physical, social, and emotional impacts of adolescent decisions regarding sexual behavior.
	8 Personal lifestyle habits and genetics influence sexual development as well as overall growth patterns.
	2.4.8.B.1 Analyze the influence of hormones, nutrition, the environment, and heredity on the physical, social, and emotional changes that occur during puberty.
	8 Responsible actions regarding sexual behavior impact the health of oneself and others.
	2.4.8.B.2 Determine the benefits of sexual abstinence and develop strategies to resist pressures to become sexually active.
	2.4.8.B.3 Compare and contrast methods of contraception used by adolescents and factors that may influence their use.
	2.4.8.B.4 Relate certain behaviors to placing one at greater risk for HIV/AIDS, STIs, and unintended pregnancy.
	8 Discussion of topics regarding sexuality requires a safe, supportive environment where sensitivity and respect is shown toward all.
	2.4.8.B.5 Discuss topics regarding gender identity, sexual orientation, and cultural stereotyping.
	8 Early detection strategies assist in the prevention and treatment of illness or disease.
	2.4.8.B.6 Explain the importance of practicing routine healthcare procedures such as breast self-examination, testicular examinations, and HPV vaccine.
C. Pregnancy and Parenting	6 Adolescent parents may have difficulty adjusting to emotional and financial responsibilities of parenthood.
	2.4.6.C.4 Predict challenges that may be faced by adolescent parents and their families.
	8 Pregnancy, childbirth, and parenthood are significant events that cause numerous changes in one's life and the lives of others.
	2.4.8.C.1 Summarize the signs and symptoms of pregnancy and the methods available to confirm pregnancy.

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	<p>2.4.8.C.2 Distinguish physical, social, and emotional changes that occur during each stage of pregnancy, including the stages of labor and childbirth and the adjustment period following birth.</p> <p>2.4.8.C.3 Determine effective strategies and resources to assist with parenting.</p> <p>2.4.8.C.4 Predict short- and long-term impacts of teen pregnancy.</p> <p>2.4.8.C.5 Correlate prenatal care with the prevention of complications that may occur during pregnancy and childbirth.</p>
	<p>6 Knowing the physiological process of how pregnancy occurs as well as development of the fetus leading to child birth contribute to a greater understanding of how and why a healthy environment should be provided for the pregnant mother.</p>
	<p>2.4.6.C.1 Summarize the sequence of fertilization, embryonic growth, and fetal development during pregnancy.</p> <p>2.4.6.C.2 Identify the signs and symptoms of pregnancy.</p>
2.1 Wellness	
B. Decision Making and Goal Setting	<p>8 The prevention and control of diseases and health conditions are affected by many factors.</p> <p>2.1.8.C.1 Evaluate emerging methods to diagnose and treat diseases and health conditions that are common in young adults in the United States and other countries, including hepatitis, sexually transmitted infections, HIV/AIDS, breast cancer, HPV, and testicular cancer.</p>