

## NJDOE MODEL CURRICULUM

<b>CONTENT AREA: Health</b>	<b>GRADE:9-12</b>	<b>UNIT #: II</b>	<b>UNIT NAME: Alcohol, Tobacco, and Other Drugs</b>
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#	STUDENT LEARNING OBJECTIVES	CORRESPONDING NJCCCS
<b>1</b>	Identify the short- and long-term consequences of making healthy and unhealthy decisions about the use of alcohol, tobacco, and drugs, and how they affect oneself, friends, family and others. 9	(2.2.12.B.1)
<b>2</b>	Investigate advantages and disadvantages of various supplements (herbal and medicinal) and medications and how their usage affects one's wellness. 10	(2.3.12.A.1)
<b>3</b>	Research and identify the criteria for evaluating the effectiveness of a medicine that is used properly. 11	(2.3.12.A.2)
<b>4</b>	Determine how the personal abuse of prescription drugs and over-the counter medicines could affect personal wellness. 12	(2.3.12.A.3)
<b>5</b>	Compare and contrast the physical and behavioral effects that commonly abused substances have on the body of adolescents. 9	(2.3.12.B.1)
<b>6</b>	Research the effects of alcohol and drug use during various life stages (high school, college, etc.) as it relates to injury, illness, and death. 10	(2.3.12.B.3, 2.3.12.C.1)
<b>7</b>	Correlate the use of alcohol and other drugs with incidences of date rape, sexual assault, STIs, and unintended pregnancy. 11	(2.3.12.B.4)
<b>8</b>	Examine the societal impact of drug abuse on the individual, family, and community and the efficacy of various strategies to remain drug free. 12	(2.3.12.C.2, 2.3.12.C.3)
<b>9</b>	Debate the various health, legal and financial consequences of the use, sale and possession of illegal substances. 9	(2.3.12.B.2, 2.3.12.B.5)
<b>10</b>	Determine the impact that injected drug use has on the occurrence of diseases such as HIV/AIDS and Hepatitis. 11	(2.3.12.B.5)

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Code #	NJCCCS
2.3 Drugs and Medicines	
A. Medicines	<p>12 Medicines come in a variety of forms (prescription medicines, over-the-counter medicines, medicinal supplements), are used for numerous reasons, and should be taken as directed in order to be safe and effective.</p> <p>2.3.12.A.1 Determine the potential risks and benefits of the use of new or experimental medicines and herbal and medicinal supplements.</p> <p>2.3.12.A.2 Summarize the criteria for evaluating the effectiveness of a medicine.</p> <p>2.3.12.A.3 Relate personal abuse of prescription and over-the-counter medicines to wellness.</p>
B. Alcohol, Tobacco, and Other Drugs	<p>12 There are immediate and long-term consequences of risky behavior associated with substance abuse.</p> <p>2.3.12.B.1 Compare and contrast the physical and behavioral effects of commonly abused substances by adolescents.</p> <p>2.3.12.B.2 Debate the various legal and financial consequences of the use, sale, and possession of illegal substances.</p> <p>2.3.12.B.3 Correlate increased alcohol use with challenges that may occur at various life stages.</p> <p>2.3.12.B.4 Correlate the use of alcohol and other drugs with incidences of date rape, sexual assault, STIs, and unintended pregnancy.</p> <p>2.3.12.B.5 Relate injected drug use to the incidence of diseases such as HIV/AIDS and hepatitis.</p>
C. Dependency/Addiction and Treatment	<p>12 The ability to interrupt a drug dependency/addiction typically requires outside intervention, a strong personal commitment, treatment, and the support of family, friends, and others</p> <p>2.3.12.C.1 Correlate duration of drug abuse to the incidence of drug-related injury, illness, and death.</p> <p>2.3.12.C.2 Analyze the effectiveness of various strategies that support an individual's ability to stop abusing drugs and remain drug-free.</p>

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	12 Substance abuse impacts individuals from all cultural and socioeconomic backgrounds.
	2.3.12.C.3 Predict the societal impact of substance abuse on the individual, family, and community.
2.2- Integrated Skills	
B. Decision-Making and Goal Setting	2.2.12.B.1 Predict the short- and long-term consequences of good and poor decision-making on oneself, friends, family, and others.