

NJDOE MODEL CURRICULUM

CONTENT AREA: Health	GRADE: K-2	UNIT #: II	UNIT NAME: Alcohol, Tobacco, and other Drugs
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#	STUDENT LEARNING OBJECTIVES	CORRESPONDING NJCCCS
1	Explain what it means to make a decision. K	(2.2.2.B.1)
2	Identify how certain decisions we make may affect the way we feel (physically/emotionally, socially, etc.). 1	(2.2.2.B.1)
3	Describe why using decision-making skills is advantageous to prevent the use of alcohol, tobacco, and other drugs. 2	(2.2.2.B.1, 2.2.2.B.2)
4	Explain what medicines are and who the trusted adults are who may administer them. K	(2.3.2.A.1, 2.3.2.A.2)
5	Determine why we use medicines when we are not feeling well. 1	(2.3.2.A.1)
6	Describe why medicines should be administered by a trusted adult. 2	(2.3.2.A.2)
7	Identify the harmful effects that tobacco could have on personal hygiene, health and safety. K	(2.3.2.B.2)
8	Determine the harmful effects of alcohol, tobacco, and other drugs and how it impacts the personal wellness of the user and nonuser. 1	(2.3.2.B.2, 2.3.2.B.3)
9	Demonstrate an understanding of how alcohol, tobacco, and other drugs can be abused. 2	(2.3.2.B.1)
10	Describe products in your environment that contain alcohol. 1	(2.3.2.B.4)
11	Determine what substances should never be inhaled and explain why. 2	(2.3.2.B.5)
12	Recognize that people may have difficulty controlling their use of alcohol, tobacco and other drugs and explain that they can get help. 1	(2.3.2.C.1, 2.3.2.C.2,2.2.2.E.1)
13	Understand that some people may have difficulty controlling their use of alcohol, tobacco, and other drugs and determine where/how community health professionals can be accessed. (2.3.2.C.1, 2.2.2.E.1) 2	(2.3.2.C.1, 2.2.2.E.1)

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Code #	NJCCCS
2.2- Integrated Skills	
B. Decision-Making and Goal Setting	2 Effective decision-making skills foster healthier lifestyle choices. 2.2.2.B.1 Explain what a decision is and why it is advantageous to think before acting. 2.2.2.B.2 Relate decision-making by self and others to one’s health.
E. Health Services and Information	2 Knowing how to locate health professionals in the home, at school, and in the community assists in addressing health emergencies and obtaining reliable information. 2.2.2.E.1 Determine where to access home, school, and community health professionals.
2.3 Drugs and Medicines	
A. Medicines	2 Medicines come in a variety of forms (prescription medicines, over-the-counter medicines, medicinal supplements), are used for numerous reasons, and should be taken as directed in order to be safe and effective. 2.3.2.A.1 Explain what medicines are and when some types of medicines are used. 2.3.2.A.2 Explain why medicines should be administered as directed.
B. Alcohol, Tobacco, and other Drugs	2 Use of drugs in unsafe ways is dangerous and harmful.

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	<p>2.3.2.B.1 Identify ways that drugs can be abused.</p> <p>2.3.2.B.2 Explain effects of tobacco use on personal hygiene, health, and safety.</p> <p>2.3.2.B.3 Explain why tobacco smoke is harmful to nonsmokers.</p> <p>2.3.2.B.4 Identify products that contain alcohol.</p> <p>2.3.2.B.5 List substances that should never be inhaled and explain why.</p>
C. Dependency, Addiction, and Treatment.	<p>2 Substance abuse is caused by a variety of factors.</p> <p>2 There are many ways to obtain help for treatment of alcohol, tobacco, and other substance abuse problems.</p> <p>2.3.2.C.1 Recognize that some people may have difficulty controlling their use of alcohol, tobacco, and other drugs.</p> <p>2.3.2.C.2 Explain that people who abuse alcohol, tobacco, and other drugs can get help.</p>