

NJDOE MODEL CURRICULUM

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| CONTENT AREA: Physical Education | GRADE: 3-5 | UNIT #: V | UNIT NAME: Cooperative Games |
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| # | STUDENT LEARNING OBJECTIVES | CORRESPONDING NJCCCS |
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| 1 | Demonstrate fundamental offensive and defensive strategies (faking, dodging, defending open space) in an isolated setting (skill practice). 3 | (2.5.4.A.1, 2.5.4.B.1) |
| 2 | Compare and contrast the proper situations for strategies (faking, dodging, defending open space) to be implemented. 4 | (2.5.4.A.1, 2.5.4.B.1) |
| 3 | Explain and demonstrate passing and receiving an object while moving cooperatively with a partner or small group in games, sports and activities. 4 | (2.5.4.B.1, 2.5.4.B.2) |
| 4 | Demonstrate the ability to perform both offensive and defensive strategies in applied settings (games, sports and other activities). 5 | (2.5.6.A.1, 2.5.6.B.1) |
| 5 | Explain and demonstrate how to maintain team possession in competitive, partner and small group games, sports and activities. 5 | (2.5.6.B.1) |
| 6 | Describe how team members may motivate each other for success during cooperative games and activities. 3 | (2.5.4.B.2) |
| 7 | Demonstrate effective team building skills in a variety of cooperative physical challenges and activities. 4 | (2.5.6.B.1, 2.5.4.B.2) |
| 8 | Identify the characteristics of good sportsmanship that are displayed by both players and observers. 3 | (2.5.4.C.1) |
| 9 | Demonstrate appropriate sportsmanship behaviors and apply specific rules during competitive games, sports, and other cooperative activities. 4 | (2.5.4.C.1, 2.5.4.C.2) |
| 10 | Compare and contrast the roles of players and observers in regard to proper sportsmanship and recommend strategies to improve these behaviors. 5 | (2.5.6.C.1) |
| 11 | Demonstrate knowledge of rules, procedures and safety concepts and apply them effectively as an observer or participant in games, sports and activities. 5 | (2.5.6.C.1) |

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| 2.5- Motor Skill Development | |
| A. Movement skills and concepts | 4 Understanding of fundamental concepts related to effective execution of actions provides the foundation for participation in games, sports, dance, and recreational activities. |
| | 2.5.4.A.1 Explain and perform movement skills with developmentally appropriate control in isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities). |
| | 6 Understanding of fundamental concepts related to effective execution of actions provides the foundation for participation in games, sports, dance, and recreational activities. |
| | 2.5.6.A.1 Explain and perform movement skills that combine mechanically correct movement in smooth flowing sequences in isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities). |
| B. Strategy | 4 Offensive, defensive, and cooperative strategies are applied in most games, sports, and other activity situations |
| | 2.5.4.B.1 Explain and demonstrate the use of basic offensive and defensive strategies (e.g., player positioning, faking, dodging, creating open areas, and defending space). 2.5.4.B.2 Acknowledge the contributions of team members and choose appropriate ways to motivate and celebrate accomplishments. |
| | 6 There is a relationship between applying effective tactical strategies and achieving individual and team goals when competing in games, sports, and other activity situations. |
| | 2.5.6.B.1 Demonstrate the use of offensive, defensive, and cooperative strategies in individual, dual, and team activities. |

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| C. Sportsmanship, Rules, Safety | 4 Practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events contributes to enjoyment of the event. |
| | 2.5.4.C.1 Summarize the characteristics of good sportsmanship and demonstrate appropriate behavior as both a player and an observer. |
| | 2.5.4.C.2 Apply specific rules and procedures during physical activity and explain how they contribute to a safe active environment. |
| | 6 Practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events contributes to enjoyment of the event. |
| | 2.5.6.C.1 Compare the roles and responsibilities of players and observers and recommend strategies to enhance sportsmanship-like behavior. |
| 2.6- Fitness | |
| A. Fitness and Physical Activity | 6 Knowing and applying a variety of effective fitness principles over time enhances personal fitness level, performance, and health status. |
| | 2.6.6.A.2 Determine to what extent various activities improve skill-related fitness versus health-related fitness. |