

NJDOE MODEL CURRICULUM

CONTENT AREA: Physical Education	GRADE: K-2	UNIT #: 1	UNIT NAME: Movement Education/ Rhythm
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#	STUDENT LEARNING OBJECTIVES	CORRESPONDING NJCCCS
1	Develop and refine basic gross motor skills (i.e. walking, jogging, jumping). K	(2.5.P.A.1)
2	Demonstrate appropriate control while moving in personal and general space.(i.e. game, physical activity, dance) 1	(2.5.2.A.1, 2.5.2.A.2)
3	Explain and demonstrate how basic movement and safety play a role in movement activity. 1	(2.5.2.C.2)
4	Utilize refined gross motor skills in an applied setting. 2	(2.5.2.A.1)
5	Understand basic gross motor skills leads to the foundation for regular physical activity. 2	(2.6.2.A.1, 2.5.P.A.1)
6	Demonstrate levels, direction, ranges and pathways in a controlled and applied setting. K	(2.5.2.A.1, 2.5.2.A.2)
7	Respond to a change in tempo, beat, rhythm, and musical style while performing in time, and with appropriate force and flow. 1	(2.5.2.A.3, 2.5.2.A.2)
8	Corrects movement in response to feedback provided by both teachers and peers. 2	(2.5.2.A.4)
9	Identify and demonstrate that movement skills can be modified according to the change in music (i.e. tempo, beat, rhythm, and musical style). 2	(2.5.2.A.2, 2.5.2.A.3)

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Code #	NJCCCS
2.5- Motor Skill Development	
A. Movement Skills and Concepts	<p>P Developing competence and confidence in gross and fine motor skills provides a foundation for participation in physical activities.</p> <p>2.5.P.A.1 Develop and refine gross motor skills (e.g., hopping, galloping, jumping, running, and marching).</p> <p>2.5.P.A.2 Develop and refine fine motor skills (e.g., completes gradually more complex puzzles, uses smaller-sized manipulatives during play, and uses a variety of writing instruments in a conventional manner).</p> <p>2.5.P.A.3 Use objects and props to develop spatial and coordination skills (e.g., throws and catches balls and Frisbees, twirls a hula-hoop about the hips, walks a balance beam, laces different sized beads, and buttons and unbuttons).</p> <p>2 Understanding of fundamental concepts related to effective execution of actions provides the foundation for participation in games, sports, dance, and recreational activities.</p>
C. Sportsmanship, Rules, and Safety	<p>2 Practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events contributes to enjoyment of the event.</p> <p>2.5.2.C.2 Demonstrate basic activity and safety rules and explain how they contribute to moving in a safe environment.</p>
2.6 Fitness	<p>2 Appropriate types and amounts of physical activity enhance personal health.</p> <p>2.6.2.A.1 Explain the role of regular physical activity in relation to personal health.</p>