

## NJDOE MODEL CURRICULUM

<b>CONTENT AREA: Physical Education</b>	<b>GRADE: K-2</b>	<b>UNIT #: III</b>	<b>UNIT NAME: Manipulative Skills</b>
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#	STUDENT LEARNING OBJECTIVES	CORRESPONDING NJCCCS
<b>1</b>	Develop spatial and coordination skills through movement and manipulative activities such as walking on a balance beam, twirling a hula- hoop, or buttoning and unbuttoning. K	(2.5.P.A.3,2.5.2.C.2)
<b>2</b>	Safely demonstrate basic throwing and catching skills that develop coordination. 1	(2.5.P.A.3, 2.5.2.C.2)
<b>3</b>	Perform various movement and manipulative skills (kicking, striking) with developmentally appropriate control during skill practice. K	(2.5.2.A.1)
<b>4</b>	Demonstrate various movement and manipulative skills (throw, catch) with developmentally appropriate control during games, dance, and physical activity. 1	(2.5.2.A.1)
<b>5</b>	Demonstrate manipulative skills (kicking, striking, bouncing) with increased mastery during skill practice, games, and other physical activities. 2	(2.5.2.A.1, 2.6.2.A.2)
<b>6</b>	Identify body parts (hands, feet, knees, head) that may be used to control different objects during various manipulative activities. K	(2.5.P.A.3)
<b>7</b>	Manipulate objects (ball, beanbags, hula- hoops) with different parts of the body during skill practice. 1	(2.5.2.A.1)
<b>8</b>	Explain and demonstrate how objects (ball, beanbags, hula- hoops) should be used in practice, games, and other physical activity in a safe manner. 2	(2.5.2.A.1, 2.5.2.C.2)
<b>9</b>	Demonstrate changes in movement (time, force flow) while manipulating objects [bouncing, dribbling (soccer), catching] in personal and general space. 1	(2.5.2.A.1, 2.5.2.A.2, 2.5.2.C.2)
<b>10</b>	Demonstrate the appropriate modifications of movement to experience a higher level of success during throwing, catching, bouncing, striking. 2	(2.5.2.A.2, 2.5.2.A.1)

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Code #	NJCCCS
2.5- Motor Skill Development	
A. Movement Skills and Concepts	P Developing competence and confidence in gross and fine motor skills provides a foundation for participation in physical activities.
	2.5.P.A.3 Use objects and props to develop spatial and coordination skills (e.g., throws and catches balls and Frisbees, twirls a hula-hoop about the hips, walks a balance beam, laces different sized beads, and buttons and unbuttons).
	2 Understanding of fundamental concepts related to effective execution of actions provides the foundation for participation in games, sports, dance, and recreational activities.
	2.5.2.A.1 Explain and perform movement skills with developmentally appropriate control in isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities). 2.5.2.A.2 Demonstrate changes in time, force, and flow while moving in personal and general space at different levels, directions, ranges, and pathways.
C. Sportsmanship, Rules, and Safety	2 Practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events contributes to enjoyment of the event.
	2.5.2.C.2 Demonstrate basic activity and safety rules and explain how they contribute to moving in a safe environment.
2.6 Fitness	
A. Fitness and Physical Activity.	2 Appropriate types and amounts of physical activity enhance personal health.

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2.6.2.A.2 Explain what it means to be physically fit and engage in moderate to vigorous age-appropriate activities that promote fitness.