

Families of The Plainfield Public School District, meet your school district's new food service provider. We are Aramark!

Aramark K-12 Education

As your NEW district food service provider, we thought you might like to know a little bit about us. We serve nearly 370,000 meals a day to nearly 2 million children. You want the best for your students and so do we! With great care and expertise, we provide nutritious meals created by chefs and dietitians which meet or exceed the USDA guidelines. We take great pride in making sure our recipes are continually taste tested by students to ensure they're healthy and taste good. This ensures students get the meals they need throughout the day to help them learn, grow, and succeed. At Aramark, we are proud to be an American company in the customer service business across food, facilities, and uniforms wherever people work, learn, recover, and play. United by a passion to serve, our more than 270,000 employees deliver experiences that enrich and nourish the lives of millions of people in 21 countries around the world every day.

For more information, visit us at: www.aramarkschools.com | **FACEBOOK** [aramark](https://www.facebook.com/aramark) | **TWITTER** [@aramark](https://twitter.com/aramark)

Our Menu Philosophy

Aramark is committed to providing safe, nutritious food, prepared fresh daily. We align with prominent global food companies to buy the highest-quality products available. Our menus are created from an extensive database of age-segmented recipes, developed by our culinary team (of dietitians, chefs, and purchasing specialists) and manufacturer partners. We collaborate with parents to accommodate the dietary requirements of students with special needs.

For your students, we offer a variety of meal choices with one goal in mind: to provide outstanding service and high-quality, "kid-friendly" meals that meet or exceed the latest federal and state Requirements.

Some Frequently Asked Questions

What is the National School Lunch Program?

The National School Lunch Program is a federally assisted meal program operating in more than 100,000 public and nonprofit private schools and residential child care institutions. It provides nutritionally balanced, low-cost or free lunches to more than 31 million children each school day.

We have some exciting news to share about a new initiative with the American Heart Association called Healthy for Life® 20 by 20. For more information, please visit our website at www.aramark.com/healthyforlife.





Students in grades 6-12 will enjoy a monthly special promotion
For a limited time only!

Monthly Promotions

Each month, grades 6-12, will be offered a limited time only menu promotion. We take this opportunity to introduce students to new and exciting flavor profiles, healthier alternatives to some of their favorite foods and include a monthly wellness lesson too! One example was our “Simple Pleasures” promotion will included a new variation of chicken salad with CrUnCh and a spicy Turkey BaBOOM! including pepper jack cheese and spicy mayo (low-fat). Included with the promotions are monthly nutrition and wellness lessons to enhance learning about healthy eating.

TELL YOUR STUDENTS to watch for the FUEL promotion signage at the cafeteria and don't miss out!

Feedback

We want to hear from you! Please contact your district food service office with comments and feedback about your school's new meal program.

Antoinia Lyons

Email: lyons-antoinia@aramark.com

Aramark is committed to nourishing and enriching lives in Plainfield New Jersey.

Some Frequently Asked Questions Cont'd:

How do children qualify for free and reduced-price meals?
Any child at a participating school may purchase a meal through the National School Lunch Program. Children from families with incomes at or below 130 percent of the poverty level are eligible for free meals. Those with incomes between 130 percent and 185 percent of the poverty level are eligible for reduced-price meals, for which students can be charged no more than 40 cents for lunch and 30 cents for breakfast. If you think your child may qualify for free or reduced priced meals at any time during the school year, submit an application with the school lunch program. (see contact information below).

What should I do if my child has special dietary needs?

A written order from a doctor or authorized medical authority specifying dietary needs must be on file with each school's nurse and with the Office of Dining Services. The written order must be updated on a yearly basis. The following information must be provided:

- Student name
- Medical condition
- Foods to be omitted
- Substitutions needed

Arrangements will be made by the Office of Dining Services in cooperation with the school nurse to accommodate the directive.

Beyond the Stereotypes—Facts About School Lunches

The reality of school nutrition programs is too often ignored in favor of a ratings boost based on stereotypes and biased information. School lunches today follow federal nutrition guidelines and serve more fresh fruits and vegetables, whole grains, and low-fat dairy than ever before. On a very tight budget, school nutrition professionals are preparing and serving balanced, nutritious meals in an age-appropriate portion size that provides needed nutrients and promotes a healthy childhood weight.

