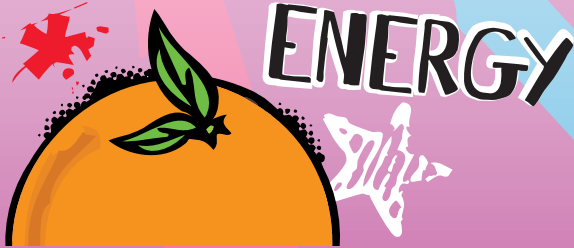




Plainfield Elementary Breakfast

March 2017



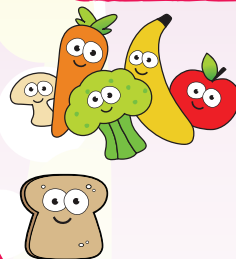
<p>1 Cinnamon Raisin Bagel W/ Cream Cheese</p> <p><i>side items</i></p> <p>Oranges 1% Milk</p>	<p>2 Pancake Cheese Stick</p> <p><i>side items</i></p> <p>Apple Juice 1% Milk</p>	<p>3 Blueberry Muffin Yogurt</p> <p><i>side items</i></p> <p>Banana 1% Milk</p>
<p>6 Cheerios Cheese Stick</p> <p><i>side items</i></p> <p>Fruit Juice 1% Milk</p>	<p>7 Nutrigran Bar Yogurt</p> <p><i>side items</i></p> <p>Apple Slices 1% Milk</p>	<p>8 Bagel W/ Cream Cheese</p> <p><i>side items</i></p> <p>Fresh Apple 1% Milk</p>
<p>13 Blueberry Waffle Yogurt Cup</p> <p><i>side items</i></p> <p>Grape Juice 1% Milk</p>	<p>14 Cinnamon Bagel W/ Cream Cheese</p> <p><i>side items</i></p> <p>Mandarines 1% Milk</p>	<p>15 Muffin Cheese Stick</p> <p><i>side items</i></p> <p>Applesauce 1% Milk</p>
<p>20 School's Closed</p> <p><i>side items</i></p>	<p>21 Cinni mini Yogurt</p> <p><i>side items</i></p> <p>Apple Slices 1% Milk</p>	<p>22 Apple Cinnamon Muffin Cheese Stick</p> <p><i>side items</i></p> <p>Banana 1% Milk</p>
<p>27 Apple Jack Graham Crackers</p> <p><i>side items</i></p> <p>Fresh Pears 1% Milk</p>	<p>28 Sausage Egg & Cheese Bagel</p> <p><i>side items</i></p> <p>Mandarines 1% Milk</p>	<p>29 Blueberry Muffin Cheese Stick</p> <p><i>side items</i></p> <p>Banana 1% Milk</p>
<p>30 Chicken Biscuit</p> <p><i>side items</i></p> <p>Raisin 1% Milk</p>	<p>31 Blueberry Pancake Yogurt</p> <p><i>side items</i></p> <p>Apple 1% Milk</p>	<p>9 Mini Pancakes Cheese Sticks</p> <p><i>side items</i></p> <p>Orange Juice 1% Milk</p>
<p>10 Blueberry Muffin Yogurt Cup</p> <p><i>side items</i></p> <p>Fresh Pear 1% Milk</p>	<p>17 Country Chicken Biscuit</p> <p><i>side items</i></p> <p>Apple 1% Milk</p>	<p>16 Froot Loops Graham Crackers</p> <p><i>side items</i></p> <p>Banana 1% Milk</p>
<p>23 Maple Pancake Yogurt</p> <p><i>side items</i></p> <p>Apple Juice 1% Milk</p>	<p>24 Cherry Frudel Cheese Stick</p> <p><i>side items</i></p> <p>Peaches 1% Milk</p>	<p>31 Blueberry Pancake Yogurt</p> <p><i>side items</i></p> <p>Apple 1% Milk</p>



Did you Know?
A cluster of bananas is formally called a "hand". Along that theme, a single banana is called a "finger".

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk



Nutritional Messages may vary by school.

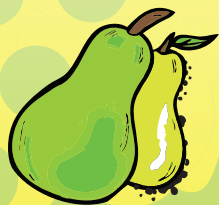
This institution is an equal opportunity provider.





Plainfield Elementary Lunch Menu

March 2017



friends
relax

6
Oven Roasted Chicken Drumstick W/ Dinner Roll
Chicken Ham & Cheese Sandwich

side items
Sliced Carrots
Fresh Apple, Fruit Juice

7
Italian Meat Sauce over Penne
Turkey Wrap

side items
Sauteed Spinach
Diced Peaches, Fruit Juice

8
Korean Meatball Stew
Cilantro Lime Rice
Sun Nut Butter & Jelly Sandwich

side items
Steamed Corn
Sliced Peaches, Orange Juice

9
Italian Sauce w/ Chicken over Pasta
Garlic Toast
Chicken Ham & Cheese Wrap

side items
Sauteed Green Beans
Sliced Pears, Grape Juice

10
Cheese Pizza
Pepperoni Pizza
Tuna Salad Sandwich

side items
Cucumber Slices, Steamed Broccoli
Mandarin Oranges, Apple Juice

13
Meatloaf W/ Rosemary Gravy
Dinner Roll
Sun Nut Butter & Jelly Sandwich

side items
Wax Beans
Apple, Fruit Cocktail

14 Pi Day
Plain Pizza
Pepperoni Pizza
Turkey Sandwich

side items
Sliced Cucumbers
Peaches, Honeydew

15
Cheesy Baked Penne
Chicken Ham & Cheese Sub

side items
French Fries
Banana, Grape Juice

16
Chicken Enchilada
Breaded Chicken Sandwich
Egg Salad Sandwich

side items
Campfire Beans
Pears, Applesauce

17
Popcorn Chicken Bowl w/ Roll
Chicken Salad Sandwich

side items
Carrot Sticks
Raisin, Fruit Juice

20
School's Closed

side items

21
Salisbury Steak W/ Parsley Noodles
Chicken Ham & Cheese Sandwich

side items
Green Beans
Orange, Apple Juice

22
Orange Popcorn Chicken
Sun Nut Butter & Jelly Sandwich

side items
Steamed Broccoli
Apple Slices, Diced Pears

23
Chicken and Tomato Alfredo Over Penne
Turkey Sandwich

side items
Cucumber and Tomato Salad
Pears, Orange Juice

24
Cheese Pizza
Pepperoni Pizza
Egg Salad Sandwich

side items
Baby Carrots
Banana, Fruit Juice

27
Chicken Tenders
Chicken Ham, Turkey & Cheese Sandwich

side items
Roasted Cauliflower
Fresh Apple, Fruit Juice

28
Beef or Chicken Nachos
Egg Salad Sub

side items
Carrots
Cantaloupe, Peaches

29
Korean Meatball Stew
W/ Cilantro Rice
Burger
Chicken Ham & Cheese Sub

side items
Celery Sticks
Grapes, Diced Pear

30
Breaded Chicken Drumstick
W/ Corn Bread
Sun Nut Butter & Jelly Sandwich

side items
Collard Greens
Pear, Apple Sauce

31
Cheese Pizza
Pepperoni Pizza
Turkey & Cheese Wrap

side items
Cucumber Slices
Banana, Fruit Juice

 Available Daily!
Chicken Patty or Burgers
Sun Nut Butter and Jelly Sandwich

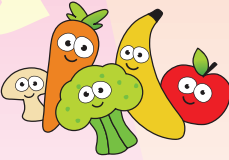
 Local ingredients are always used when in season


 Ovo-Lacto Vegetarian, may contain Egg & Milk


Nutritional Messages may vary by school.

Available Daily

Fresh Fruit & Veggies
Salad Bar



 All Bread/ Grain Selections are Whole Grain Rich

 **1% and Lowfat Milk**

This institution is an equal opportunity provider.

