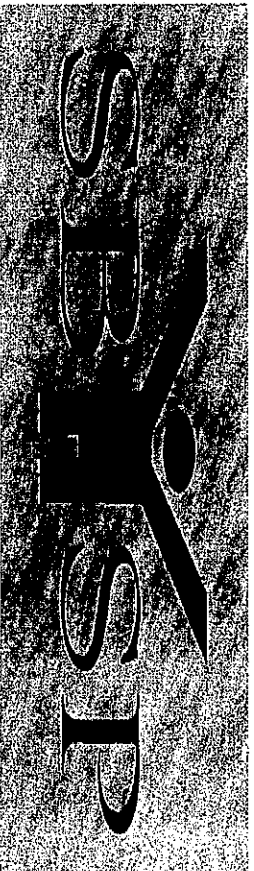


Discover School Based Youth Services

School Based Youth Services

Notes



The School Based Youth Services Program (SBYSP), developed by the New Jersey Department of Human Services and currently located in the Department of Children and Families, provides adolescents and children with the opportunity to complete their education, to obtain skills that lead to employment or additional education, and to lead a mentally and physically healthy life. The New Jersey School Based Youth Services Program is the first statewide effort in the nation to place comprehensive services in or near secondary schools. The program is a direct link between the education, social services, health, and employment systems.

SBYSP now operates in 69 high schools, 18 middle schools, and 5 K-8 schools in urban, rural, and suburban school districts, with at least one site per county. The program provides youth and families with a comprehensive set of services on a “one-stop shopping” basis.

SBYSP serves teenagers, primarily aged 10 to 19, who are at risk of dropping out of school, or who are in need of counseling services beyond the scope of the school’s own programs.

SBYSP also involves the parents and family in the process when appropriate.

School Based Youth Services

For more information about a particular service or to contact us please use the following numbers:

Office fax number

908-731-4422

- Volunteering Is Priceless
 - The Youth Development Center
 - Counseling Services
 - Expressing Ourselves Positively
 - Arts & Crafts
 - Movie Days
 - Girl's Time
 - Faithful Fashion
- 908-731-4320 ext. 5130

• Counseling Services

• 908-731-4320 ext. 5623

School Based Youth Services

Since 1988 the Plainfield School Based Youth Services Program has grown to provide the following core services:

- ◆ Crisis intervention *
- ◆ Individual and family counseling*
- ◆ Employment counseling, training and placement*
- ◆ Summer and part-time job development*
- ◆ Referrals to community-based services*
- ◆ Recreation *
- ◆ Teen parenting services*
- ◆ Pregnancy prevention programs*
- ◆ Services for LGBTQ students*
- ◆ Violence prevention education *

Our programs operate during and after school, and during the summer.

It is our privilege to work closely with our students and their families as we provide them with the support and assistance they need. Within this booklet you will find information that explains each of the core programs. We hope that you find this helpful and informative. Please feel free to reach out to us.

These pages excerpted from the website:

<http://www.princeton.edu/~cbli/profiles/sbysp.html>

School Based Youth Services



Discover the Support of

Plainfield School Based Youth Services

- Counseling Services
- Expressing Ourselves Positively
- Faithful Fashion
- The Promise Program (Classroom workshops)
- Girl's Time
- Volunteering Is Priceless
- The Youth Development Center

Faithful Fashion

FAITHFUL FASHION

WE HAVE NAME BRANDS!

BRING IN 3 CLOTHING ITEMS

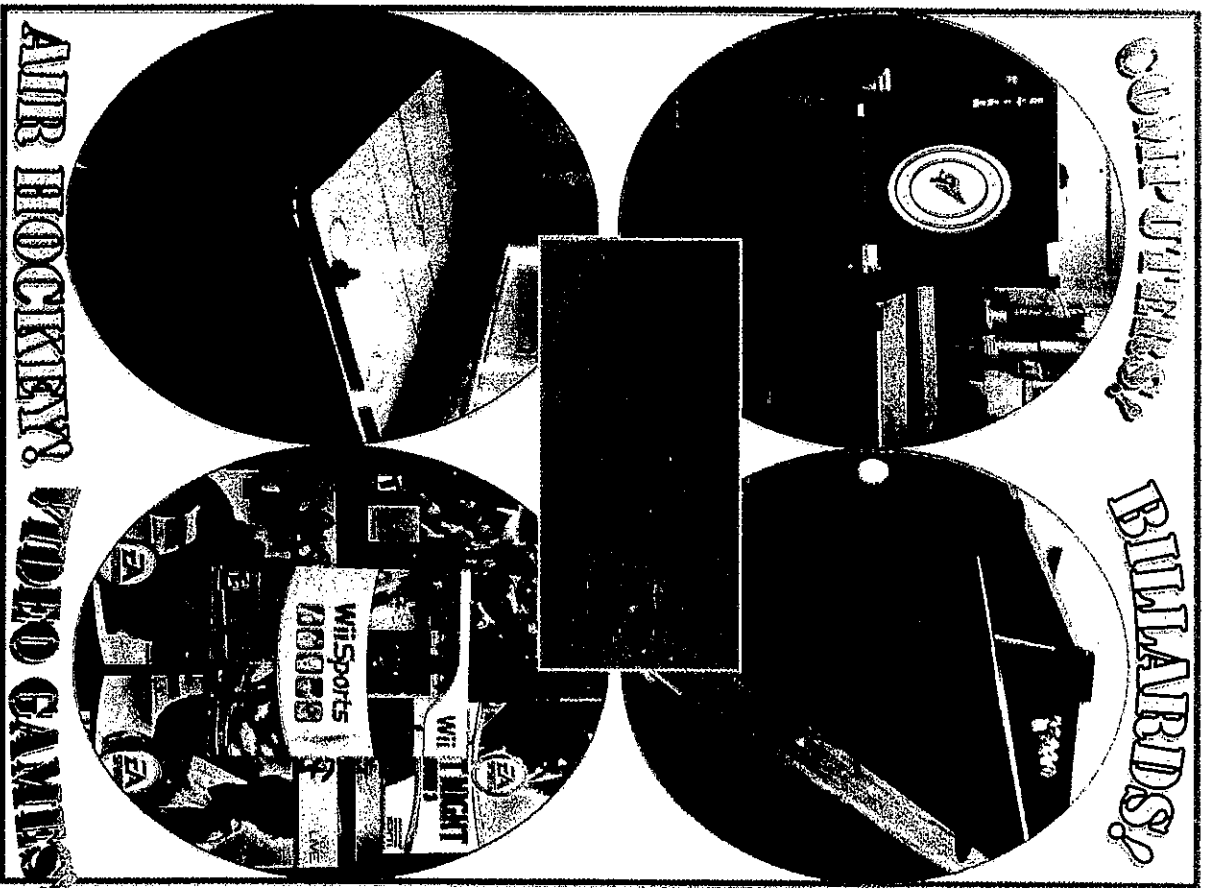
AND SWAP 1 OUT

SCHOOL UNIFORMS!

confidential

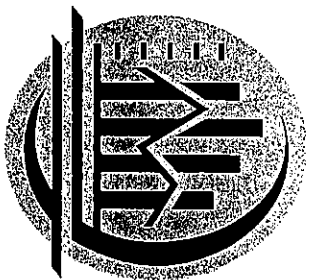
Swap! Dont Shop!





Recreational activities for students after school

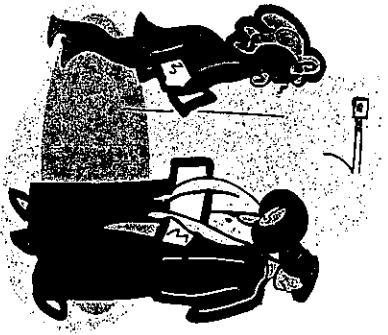
Room 108



An evaluation funded by the Annie E. Casey Foundation was conducted by the Academy for Educational Development (AED). Students who received services from the SBYSP showed increased educational aspirations and higher accumulation of credits toward graduation; diminished feelings of unhappiness, sadness, depression and suicidal thoughts; improved sleep and less worrying; less destructive behavior and feelings of anger; decreased use of tobacco, beer and wine; more positive involvement with families and friends, and better use of contraceptives to prevent pregnancy and STDs.

SBYSP was also able to demonstrate decreased violence within the school setting. One school was able to show a 93% decrease in fighting and other violent forms of behavior. In addition, teen pregnancy rates showed decreases in both urban and rural settings. For example, in one rural school based program, pregnancies were reduced from an average of 20 pregnancies/year to an average of less than 3%/year. In the city of Camden, where both high schools have SBYSPs, pregnancies were reduced by 29% (a rate reduction which exceeds the national average).

Counseling Services



Counseling

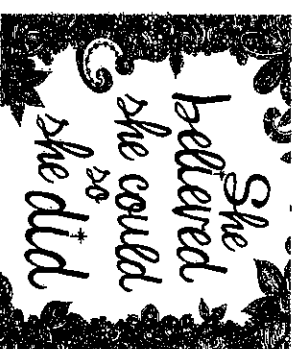
Services

The SBYSP counseling component assists students who are experiencing a broad range of problems and exhibit various levels of functioning. For instance, SBYSP is here to help if you are experiencing difficulties with family, friends, teachers, school work, a job or life in general. Counselors work with students individually and in groups, provide in-home services when necessary and incorporate parents in treatment through periodic telephone contact and holding family meetings.

All sessions are free and confidential.

The counseling staff is available to provide crisis intervention, and is frequently asked to work with students in distress, as well as provide consultation to school personnel. Considerable case management services are provided, including referral and follow-up, to various providers and information gathering from teachers and other school personnel.

Girls' Time



Girl Code is a weekly forum designed to empower female stu-

dents through self-

esteem and healthy interper-

sonal connections. Participants will ex-

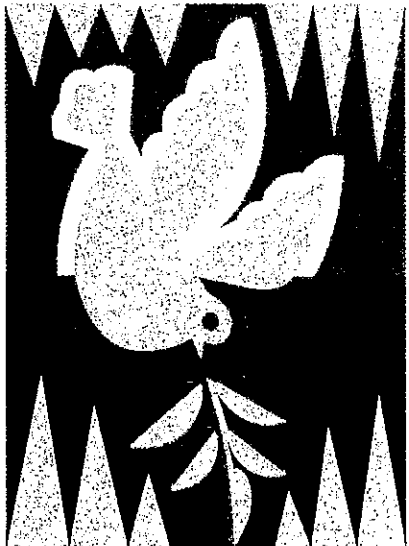
plore and engage in group activities con-

cerning topics of identity, self-esteem, rela-

tionships, sexuality,



Expressing Ourselves Positively

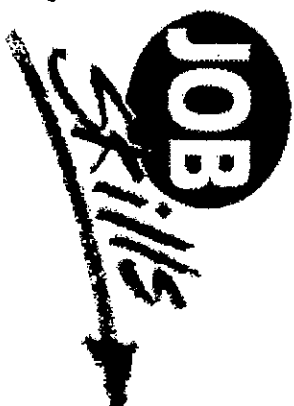


School Based Youth Services Program presents Expressing Ourselves Positively . This group is designed to help students examine their current response to violence and to start to learn alternative steps to responding to violence.

This group will give students an opportunity to discuss the violence in their world and also offer them the opportunity to learn problem solving strategies, anger management techniques and positive self talk. It is also an opportunity to allow them to think creatively about solving issues in their world and learn to make better decisions.

Employment Services

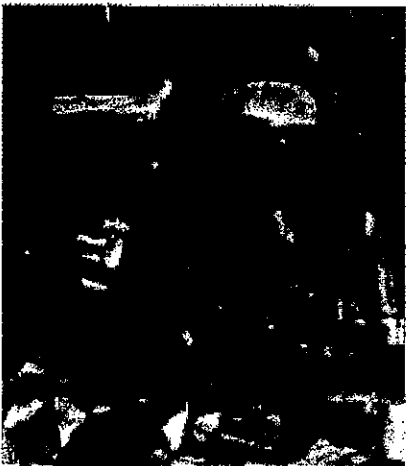
Students can meet with the Employment Counselor at PHS to help create resumes, fill in job applications, practice job interviews, or with any employment questions, tips or guidance. Students can pick up and process working papers during the days and hours assigned by the Employment Counselor.



W.I.A.

Workforce Investment Act
Youth and Young Adult Program

The Promise Program (Classroom Workshops)

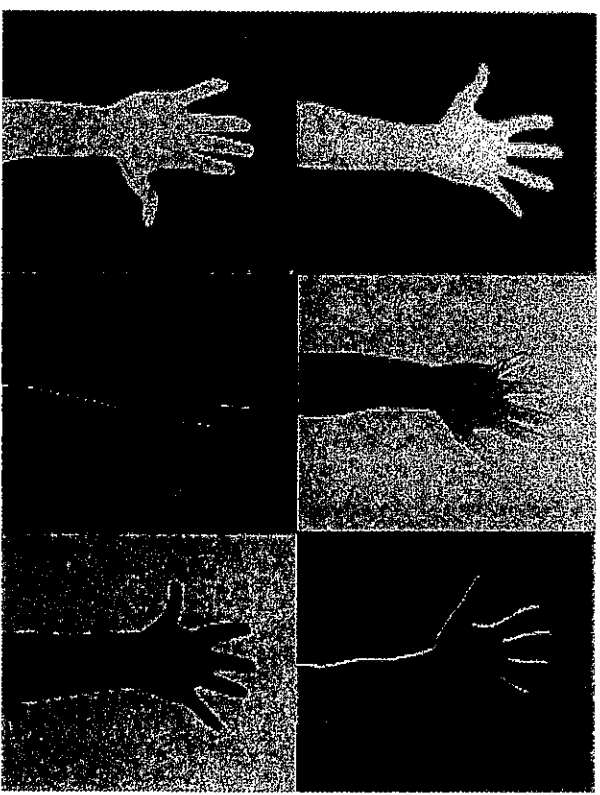


The Promise Program is a pregnancy prevention initiative that focuses on preventing and reducing teen pregnancies by providing comprehensive case management services, individual counseling services and on-going educational groups and workshops. The goal of the Promise Program is to educate and empower students to make good choices, as well as demonstrate critical thinking skills, improved interpersonal skills and healthy adaptive behaviors.

The Promise Program is designed to educate students about their responsibility towards their sexual health and to give them information that will assist them in making responsible decisions. This is achieved by providing accurate and current research-based information and decision-making strategies that enhance and provide positive alternatives to teen pregnancy. Additionally, participants develop an individualized plan that will enable them to graduate without becoming a teen parent and attend college, a tertiary institution, or become gainfully employed.

The target population is middle and high school students.

Volunteering is Priceless



VOLUNTEERING IS PRICELESS

Project V.I.P is a student organization that strives to improve their community by engaging in community service projects throughout the school year. Project V.I.P is a very important program because it helps the students realize that they can make a difference and are an integral part of the Plainfield community. Students who are engaged in Project V.I.P are focused and typically do not become involved in negative activities or situations. So if you think you have what it takes to be a part of Project V.I.P "Don't hesitate to join us!"

ACTIVITIES INCLUDE

- ✓ Feeding the Homeless
- ✓ Child Care
- ✓ Holiday Events
- ✓ Homework Helper
- ✓ Cultural Activities
- ✓ Tutoring Elementary Students
- ✓ Community Beautification