



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA GXPO 2020

GREATER SOMERSET COUNTY YMCA'S GROUP FITNESS EXPO

Fall back into healthy habits together with the Y – all outside in the fresh air of a stadium outfield! Experience a fun sampling of 20-minute mini group exercise classes led by some of your favorite Greater Somerset County YMCA certified instructors. There's something for every age and ability!

WHEN: SATURDAY, SEPT. 12
TIME: 10:00AM TO 1:00PM
WHERE: TD BANK BALLPARK
BRIDGEWATER, NJ
COST: FREE & OPEN TO ALL
REGISTRATION REQUIRED

INCLUDING:
BOOTCAMP
ZUMBA®
YOGA
PLANK PARTY
AND MORE!

Registering is easy and FREE.
Simply visit gscymca.org/gxpo and sign up today!

For more information please contact **Evanna Tchir** at etchir@gscymca.org

For a list of what to bring and safety procedures visit gscymca.org/gxpo

GREATER SOMERSET COUNTY YMCA

140 Mount Airy Road, Basking Ridge, NJ 07920 | 908 630 3535

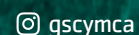
Greater Somerset County YMCA is a leading nonprofit committed to strengthening community by connecting all people to their potential, purpose and each other. The Y empowers everyone – no matter who they are or where they're from – by ensuring access to resources, relationships and opportunities for all to learn, grow and thrive. For information about Greater Somerset County YMCA and financial assistance, visit us at www.gscymca.org.



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